

GENERAL COVID -19 INFORMATION, RELATED TO THE REQUIREMENTS, SET OUT IN THE INSTRUCTIONS BY THE MINISTRY OF HEALTH OF THE REPUBLIC OF BULGARIA FOR IMPLEMENTATION OF ANTI-EPIDEMIC MEASURES IN WINTER RESORTS IN WINTER SEASON 2020/21

There should be information signs and screens and other information materials with instructions and rules that must be observed at all spots where there is a significant flow of tourists - cash desks, stations of ski facilities, parking lots, ski lockers and depots, reception desks, etc. In case of questions, tourists should ask for assistance the employees of the tourist facilities, who must be familiar with safety measures.

PROTECTIVE FACE AND NOSE MASKS MUST BE WORN IN THE FOLLOWING PLACES IN THE RESORTS:

1. Public transport, shuttle buses, taxis
2. Pharmacies, polyclinics, clinics, hospitals, social homes, nursing homes
3. Shops and all retail outlets
4. Banks, post offices and all public institutions
5. Tourist information centers
6. In restaurants before and after food consumption
7. All closed public places

THE MOST IMPORTANT RULES THAT MUST BE FOLLOWED BY ALL:

1. Observance of at least 1.5 meters distance from strangers
2. Proper wearing of the face protection mask in indoor public places
3. Do not shake hands when greeting
4. Cover your nose and mouth or wear a protective mask when you are surrounded by many people
5. Wash your hands often
6. Sneezing and coughing should be done in the curve of the elbow or in a handkerchief
7. Regular ventilation of enclosed spaces
8. If symptoms occur or if you feel sick, do not go out and do not meet other people

IN CASE A TOURIST FEELS SICK:

1. Avoid contact with other people
 2. The person has to stay at her/his accommodation and inform the manager or receptionist, ask for assistance and for contact with a medical institution or contact phone nr. 112.
- These measures may be changed at any time in the event of significant changes in the epidemic situation!

SKIING AND SNOWBOARDING STRENGTHENS YOUR HEALTH!